

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A	<p>Special to be announced</p> <p>Tyson Baked Chicken Tenders WG RF Stuffed Crust Pizza</p>	<p>Chicago Style Eisenberg All Beef Hot Dog on a WG Bun</p> <p>Chicken Fried Rice w/ Egg Roll WG RF French Bread Pizza</p>	<p>WG Pasta w/ Italian RF Meat Sauce, Garlic Bread</p> <p>Tyson Baked Chicken Nuggets WG RF Deep Dish Pizza</p>	<p>RF Taco Nachos w/ WG Tortilla Chips</p> <p>Baked Popcorn Chicken WG RF Stuffed Crust Pizza</p>	<p>Tyson Baked Breaded Chicken Patty on a WG Bun</p> <p>Chicken Quesadilla w/ Salsa and Sour Cream WG Bosco Cheese Bread Sticks w/ Marinara Sauce</p>
B	<p>Special to be announced</p> <p>Tyson Baked Chicken Tenders WG RF Stuffed Crust Pizza</p>	<p>RF Hamburger/ Cheeseburger on a WG Bun</p> <p>Chicken Fried Rice w/ Egg Roll WG RF French Bread Pizza</p>	<p>Breaded RF Mozzarella Cheese Sticks w/ Marinara Sauce</p> <p>Tyson Baked Chicken Nuggets WG RF Deep Dish Pizza</p>	<p>RF Taco Nachos w/ WG Tortilla Chips</p> <p>Baked Popcorn Chicken WG RF Stuffed Crust Pizza</p>	<p>Specials to be announced</p> <p>WG Bosco Cheese Bread Sticks w/ Marinara Sauce</p>
C	<p>Special to be announced</p> <p>Tyson Baked Chicken Tenders WG RF Stuffed Crust Pizza</p>	<p>Special to be announced</p> <p>Chicken Fried Rice w/ Egg Roll WG RF French Bread Pizza</p>	<p>WG Pasta w/ Italian RF Meat Sauce, Garlic Bread</p> <p>Tyson Baked Chicken Nuggets WG RF Deep Dish Pizza</p>	<p>RF Taco Nachos w/ WG Tortilla Chips</p> <p>Baked Popcorn Chicken WG RF Stuffed Crust Pizza</p>	<p>Tyson Baked Hot and Spicy Chicken Patty on a WG Bun</p> <p>RF Cheese Quesadilla w/ Salsa and Sour Cream WG Bosco Cheese Bread Sticks w/ Marinara Sauce</p>

To see which weeks "A," "B," or "C" foods are served, please see reverse.

OFFERED DAILY

Delicious Freshly Prepared Sandwiches served on Whole Grain Breads, Rolls and Wraps
Soup included with Sandwich Entrée

Entrée Salad Specials
Soup included with Salad Entrée

Peanut Butter and Jelly Uncrustable Sandwich

Bagel and All Natural Yogurt Lunch

Fresh Fruit and Vegetable Side Choices

1% and Skim rBST Free Milk Choices

Daily Grain Basket
Stocked with Whole Grain Breads



Healthy Foods and Good Nutrition are always on our menu!

*We serve **RF** (reduced-fat) baked entrées, low-fat cheese pizzas with **WG** (whole grain) crusts, zero trans fat potato products, **WG** whole grain pasta breads, rolls and buns, Tyson whole white meat chicken products, and a variety of fresh fruits and vegetables with all meals.

*Any Entrée Item, Salad or Sandwich purchased separately is the same price as a Complete Lunch – so get your Milk, Fruits, and Vegetables and make it a **BALANCED MEAL!**