

Elementary School Cycle Menu 2011-12 Calendar



For information on the foods provided during the "A," "B," or "C" week, please see reverse side.

For more information, visit the Food Services link at www.glenview34.org.

AUGUST 2011

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| | 1 | 2 | 3 | 4 | 5 |
| | 8 | 9 | 10 | 11 | 12 |
| | 15 | 16 | 17 | 18 | 19 |
| A | 22 | 23 | 24 | 25 | 26 |
| B | 29 | 30 | 31 | | |

SEPTEMBER 2011

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| B | | | | 1 | 2 |
| C | 5 | 6 | 7 | 8 | 9 |
| A | 12 | 13 | 14 | 15 | 16 |
| B | 19 | 20 | 21 | 22 | 23 |
| C | 26 | 27 | 28 | 29 | 30 |

OCTOBER 2011

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| A | 3 | 4 | 5 | 6 | 7 |
| B | 10 | 11 | 12 | 13 | 14 |
| C | 17 | 18 | 18 | 20 | 21 |
| A | 24 | 25 | 26 | 27 | 28 |
| B | 31 | | | | |

NOVEMBER 2011

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| B | | 1 | 2 | 3 | 4 |
| C | 7 | 8 | 9 | 10 | 11 |
| A | 14 | 15 | 16 | 17 | 18 |
| B | 21 | 22 | 23 | 24 | 25 |
| C | 28 | 29 | 30 | | |

DECEMBER 2011

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| C | | | | 1 | 2 |
| A | 5 | 6 | 7 | 8 | 9 |
| B | 12 | 13 | 14 | 15 | 16 |
| | 19 | 20 | 21 | 22 | 23 |
| | 26 | 27 | 28 | 29 | 30 |

JANUARY 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| C | 2 | 3 | 4 | 5 | 6 |
| A | 9 | 10 | 11 | 12 | 13 |
| B | 16 | 17 | 18 | 19 | 20 |
| C | 23 | 24 | 25 | 26 | 27 |
| A | 30 | 31 | | | |

FEBRUARY 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| A | | | 1 | 2 | 3 |
| B | 6 | 7 | 8 | 9 | 10 |
| C | 13 | 14 | 15 | 16 | 17 |
| A | 20 | 21 | 22 | 23 | 24 |
| B | 27 | 28 | 29 | | |

MARCH 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| B | | | | 1 | 2 |
| C | 5 | 6 | 7 | 8 | 9 |
| A | 12 | 13 | 14 | 15 | 16 |
| B | 19 | 20 | 21 | 22 | 23 |
| | 26 | 27 | 28 | 29 | 30 |

APRIL 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| C | 2 | 3 | 4 | 5 | 6 |
| A | 9 | 10 | 11 | 12 | 13 |
| B | 16 | 17 | 18 | 19 | 20 |
| C | 23 | 24 | 25 | 26 | 27 |
| A | 30 | | | | |

MAY 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| A | | 1 | 2 | 3 | 4 |
| B | 7 | 8 | 9 | 10 | 11 |
| C | 14 | 15 | 16 | 17 | 18 |
| A | 21 | 22 | 23 | 24 | 25 |
| B | 28 | 29 | 30 | 31 | |

JUNE 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| B | | | | | 1 |
| C | 4 | 5 | 6 | 7 | 8 |
| | 11 | 12 | 13 | 14 | 15 |
| | 18 | 19 | 20 | 21 | 22 |
| | 25 | 26 | 27 | 28 | 29 |



We serve:

- 🥗 Baked, Low-Fat and Zero Trans-Fat Entrees
- 🥖 Whole Grain Breads, and Pastas
- 🍗 Tyson Whole White Meat Chicken Products
- 🥕 A Variety of Fresh Fruits and Vegetables Daily

Healthy Foods and Good Nutrition are always on our Menus.

Nutritional data is available on line.

Middle School Cycle Menu 2011-12 Calendar



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For more information, visit the Food Services link at www.glenview34.org.

OCTOBER 2011

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| A | 3 | 4 | 5 | 6 | 7 |
| B | 10 | 11 | 12 | 13 | 14 |
| C | 17 | 18 | 19 | 20 | 21 |
| A | 24 | 25 | 26 | 27 | 28 |
| B | 31 | | | | |

JANUARY 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| C | 2 | 3 | 4 | 5 | 6 |
| A | 9 | 10 | 11 | 12 | 13 |
| B | 16 | 17 | 18 | 19 | 20 |
| C | 23 | 24 | 25 | 26 | 27 |
| A | 30 | 31 | | | |

APRIL 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| C | 2 | 3 | 4 | 5 | 6 |
| A | 9 | 10 | 11 | 12 | 13 |
| B | 16 | 17 | 18 | 19 | 20 |
| C | 23 | 24 | 25 | 26 | 27 |
| A | 30 | | | | |

AUGUST 2011

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| | 1 | 2 | 3 | 4 | 5 |
| | 8 | 9 | 10 | 11 | 12 |
| | 15 | 16 | 17 | 18 | 19 |
| A | 22 | 23 | 24 | 25 | 26 |
| B | 29 | 30 | 31 | | |

NOVEMBER 2011

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| B | | 1 | 2 | 3 | 4 |
| C | 7 | 8 | 9 | 10 | 11 |
| A | 14 | 15 | 16 | 17 | 18 |
| B | 21 | 22 | 23 | 24 | 25 |
| C | 28 | 29 | 30 | | |

FEBRUARY 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| A | | | 1 | 2 | 3 |
| B | 6 | 7 | 8 | 9 | 10 |
| C | 13 | 14 | 15 | 16 | 17 |
| A | 20 | 21 | 22 | 23 | 24 |
| B | 27 | 28 | 29 | | |

MAY 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| A | | 1 | 2 | 3 | 4 |
| B | 7 | 8 | 9 | 10 | 11 |
| C | 14 | 15 | 16 | 17 | 18 |
| A | 21 | 22 | 23 | 24 | 25 |
| B | 28 | 29 | 30 | 31 | |

SEPTEMBER 2011

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| B | | | | 1 | 2 |
| C | 5 | 6 | 7 | 8 | 9 |
| A | 12 | 13 | 14 | 15 | 16 |
| B | 19 | 20 | 21 | 22 | 23 |
| C | 26 | 27 | 28 | 29 | 30 |

DECEMBER 2011

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| C | | | | 1 | 2 |
| A | 5 | 6 | 7 | 8 | 9 |
| B | 12 | 13 | 14 | 15 | 16 |
| | 19 | 20 | 21 | 22 | 23 |
| | 26 | 27 | 28 | 29 | 30 |

MARCH 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| B | | | | 1 | 2 |
| C | 5 | 6 | 7 | 8 | 9 |
| A | 12 | 13 | 14 | 15 | 16 |
| B | 19 | 20 | 21 | 22 | 23 |
| | 26 | 27 | 28 | 29 | 30 |

JUNE 2012

| Week | MON | TUE | WED | THUR | FRI |
|------|-----|-----|-----|------|-----|
| B | | | | | 1 |
| C | 4 | 5 | 6 | 7 | 8 |
| | 11 | 12 | 13 | 14 | 15 |
| | 18 | 19 | 20 | 21 | 22 |
| | 25 | 26 | 27 | 28 | 29 |

À LA CARTE ITEMS AVAILABLE:

| | |
|--------------------------------|--------------|
| Soup Du Jour |\$ 1.00 |
| Assorted Bags of Baked Chips |\$.50 |
| 100 Calorie Snack Packs |\$.50 |
| Chex Mix Snacks |\$.75 |
| Snackwell Cookies |\$.75 |
| Clodhoppers Snacks |\$.50 |
| Low Fat Otis Spunkmeyer Muffin |\$.50 |
| Bagel |\$ 1.00 |
| Cream Cheese Cup |\$.25 |
| Pudding Cup |\$.50 |
| Dole Fruit Cup/ Fruit Gel Cup |\$.75 |
| Fresh Fruit |\$.50 |
| Nutrigrain Bar |\$.75 |
| Hippie Chips Snacks |\$ 1.00 |
| Food Should Be Good Snacks |\$ 1.00 |
| Pop Chips |\$ 1.00 |
| Stacy's Pita Chips |\$ 1.00 |
| All Natural Yogurt Large |\$ 1.00 |
| All Natural Yogurt Small |\$.50 |

| | |
|--------------------------------|--------------|
| Cereal Bowl |\$.50 |
| Frozen Fruit Bars/ Italian Ice |\$ 1.00 |
| Frozen Yogurt Bar/Cups |\$ 1.00 |
| Fresh Whole Fruit |\$.50 |
| Veggies and Dip |\$ 1.00 |
| 4 oz. 100% Juice Cup or Pouch |\$.50 |
| Fruit 66 100% Juice |\$ 1.00 |
| Izze 100% Juice |\$ 1.50 |
| Welch's 100% Juice |\$ 1.25 |
| Very Fine 100% Juice |\$ 1.25 |
| Riptide Flavored Water |\$ 1.00 |
| Plain Bottled Water |\$ 1.00 |
| Plain Bottled Water Small |\$.50 |
| Milk Chug 8 oz. |\$.50 |
| Milk Chug 16 oz. |\$ 1.00 |
| Dannon Smoothie |\$ 1.25 |

** We serve Smart Spot™ Baked Frito Lay Chips and Quaker Oats Products

The Middle School Lunch Menus have been updated to provide our customers with more healthy complete lunch choices. We encourage students to choose from the many menu choices and to complete their meal choice with milk, fruits and vegetables.



Remember:

Any entrée item, salad or sandwich purchased separately is the same price as a complete lunch, so get your milk, fruits and veggies and Make it a Balanced Meal!

