



JR. TITAN WRESTLING

AGES: 6-14 YEARS OLD (1ST-8TH GRADE)

When: November 7th – February 22nd (No practice during winter break)

Where: Glenbrook South High School Wrestling room (underneath the dome off of the red track)

Cost: \$225

Build your strength, improve conditioning, and develop a competitive edge that will prepare you for interscholastic competition when you reach high school. Practices are every Tuesday and Thursday from 6:15-7:45 PM in Glenbrook South's wrestling room.

Practices will run through the end of February, IKWF membership is included in the fee and will ensure participation in meets and tournaments throughout the season. Every wrestler will have the opportunity to attend tournaments and wrestle against other kids their age and size from other clubs. A schedule will be given out the first day of practice. Please visit www.glenviewjuniortitanwrestling.com for more information.

Fee: \$225 per kid

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Email Coach Castillo with any questions:
pcastillo@glenbrook225.org