

Food Service News

Glenview School District 34



School Meals:

Our mission is Good Nutrition!

The meals served at all of the Glenview School District #34 schools follow the guidelines of the USDA's National School Lunch Program (NSLP). The NSLP guidelines are modeled after the 2015-2020 *Dietary Guidelines for Americans*. Key components of the plan include, healthy eating patterns that include nutrient dense foods, and encouraging a variety of food especially fruits and vegetables, whole grains, lean proteins and low fat dairy products. The healthy eating pattern is designed to provide an appropriate number of calories by age group while including the nutrient dense food items.

Glenview Schools also serves food that go above and beyond the strict USDA standards. For example, we serve all natural, all beef hot dogs and hamburgers, and all of our Tyson chicken products are made with whole muscle white meat. Every year we introduce more items with cleaner labels. Our nutrition information can be found on our website:

www.glenview34.org/foodservice

To learn more about the NSLP meal pattern for healthy eating, visit: <https://schoolnutrition.org/AboutSchool>

Lunch Account Information

- Students must have money on their accounts to buy meals.
- Balances stay with your child's account until you request a refund. In addition, negative balances stay with your child's account until a deposit is made.
- To make a deposit online, please visit the web store at: <https://glenview.revtrak.net> **If you have forgotten your ID number, please contact your child's school.**
- Deposits can also be made by check, payable to Glenview 34 and sent to school with your child. Please make sure to include your child's first and last name and their ID number on the check.
- Applications for Free or Reduced Meals will be mailed home.

Contact Us:

847-486-7702

Kimberly Cleveland, Director of Food Services

kcleveland@glenview34.org

Cheryl Flicek, Administrative Assistant, Food Services

cflicek@glenview34.org

This Institution is an Equal Opportunity Provider

Specials on Page Two

SPECIALS

All Meals are served with skim milk, fruit and vegetable choices

Attea and Springman

Friday, August 25, Pizza Puff
Monday, August 28, Eisenberg All Beef All Natural Hotdog on a WG Bun
Friday, September 1, Corn Dog on a Stick OR Chicken Quesadilla
Tuesday, September 4, Breaded Mozzarella Cheese Sticks OR Chicken Fried Rice w/ Egg Roll
Friday, September 8, Toasted Cheese Sandwich

Glen Grove

Friday August 25, Shrimp Poppers with Cheesy Garlic Bread
Friday, September 1, Mozzarella Cheese Filled Bosco Breadsticks with Marinara Sauce
Friday, September 8, Toasted Cheese Sandwich with Baked Lays
Friday, September 15, Egg Rolls* with Fried Rice
Friday, September 22, WG RF Macaroni and Cheese with Mini Corn Dogs**
Friday, September 29, Breaded Chicken Patty on a WG Bun

Henking

Friday, September 1, Toasted Cheese with Potato Smiles
Friday, September 22, Chicken Quesadilla served with Corn on the Cob

Hoffman

Friday, August 25, Chicken Quesadilla
Friday, September 1, Warm Ham* and Cheese WG Croissant Sandwich
Friday, September 8, All Beef Mini Hot Dogs on Mini Buns
Friday, September 15, Breaded Chicken Patty on a WG Bun
Friday, September 22, Mini Sausage** Pancake Wraps with Hash Browned Potato
Friday, September 29, Popcorn Chicken with Biscuit

Lyon

Friday, September 1, Sloppy Joe on a WG Bun
Friday, September 22, Breaded Chicken Patty on a WG Bun

Pleasant Ridge School

Friday, August 25, Chicken Quesadilla served with Corn on the Cob
Friday, September 1, Breaded Chicken Patty on a WG Bun
Friday, September 8, Cheddar Filled Pretzel Bosco Sticks
Friday, September 15, All Beef Mini Hot Dogs on Mini Buns
Friday, September 22, Corn Dog on a Stick**
Friday, September 29, Beef BBQ Rib Patty on a WG Bun

Westbrook

Friday, September 1, Toasted Cheese with Potato Smiles
Friday, September 22, Breaded Mozzarella Cheese Sticks with Marinara Sauce

* Chicken Product ** Turkey Product