

Glenview Food Service News

Get out there!

Nutritional and physical activities that the whole family will love!



In and Around Glenview

Farmer's Markets are the place to go for locally grown produce, locally raised honey, meat and eggs and locally made items. You can support local farm business by stopping at the following markets:

Morton Grove Farmer's Market

6140 Dempster, Open Saturdays from 8:00am-noon, including May 12

Northfield Farmer's Market

7 Happ Road, Open Sundays from 7:30 am until 12:30 pm, beginning on May 27

Other Markets opening in June:

Glenview Farmer's Market at Wagner Farm

June 24, 8:00 am

Deerfield Farmer's Market, June 16 7:00 am

Ravinia Farmer's Market

Northbrook Farmer's Market, June 20, 7:00



Free Outdoor adventures!

Cook County Forest Preserve provides many great outdoor programs and adventures that are free of charge:

Bird Walks

Wildflower Walks

Picnic Grounds

Guided Hikes

In addition, rentals are available to kayak and camp!

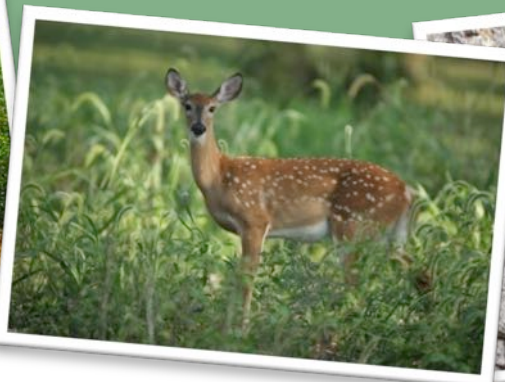
The Forest Preserve has "cleanup" days where you and your family can pitch in to clean up the river, lagoons, or help with restoration of the forest.

To see where you can help, go to www.fpdcc.com/volunteer

For information on the free activities go to www.fpdcc.com/events

After the Market

After selecting the local produce, teach you children how to properly wash fresh produce. Create recipes and cook with them! Ideas can be found here: <https://www.fda.gov/Food/ResourcesForYou/Consumers/ucm114299.htm>



May Specials

Attea and Springman Middle Schools

Friday, May 11, Corn Dog on a Stick or Chicken Quesadilla

Monday, May 14, Attea- Mandarin Orange Chicken over Brown Rice Springman- Sloppy Joe on a WG Bun

Tuesday, May 15, BBQ Beef Rib Patty on a WG Bun OR Cheddar Stuffed Pretzel Bosco Sticks

Friday, May 18, Max Snax- BBQ Chicken or Taco

Monday, May 21, Attea- Pepperoni Bosco Stocks Springman- Breaded Mozzarella Cheese Sticks with sauce

Friday, May 25, Cheese Quesadilla

Glen Grove

Friday, May 11, Toasted Cheese with Baked Chips

Friday, May 18, Corn Dog on a Stick

Friday, May 25, Mozzarella Cheese Stuffed Bosco Bread Sticks

Henking

Friday, May 18, Wild Mike's Cheesy Bites with dipping sauce and corn on the cob

Hoffman

Friday, May 11, BBQ Beef Rib Patty on a WG Bun

Friday, May 18, Warm Ham and Cheese Croissant Sandwich

Friday, May 25, Pizza Bosco Sticks

Lyon School

Friday, May 18, Breaded Chicken Patty on a WG Bun

Pleasant Ridge School

Friday, May 11, Berry Yogurt Parfait with Nut-Free Granola

Friday, May 18, Chicken Quesadilla

Friday, May 25, Cheddar Stuffed Pretzel Bosco Sticks

Westbrook

Friday, May 18, Toasted Cheese with Seasoned Oven Fries

