

OCTOBER 2017

Food Service News

Glenview School District #34



October is National School Lunch Month

This month we observe **National School Lunch Week**, October 9-13, 2017. NSLW was created in 1962 by President John F. Kennedy. We celebrate the importance of school lunch programs across the country which provide nutritious school lunches to children daily to fuel students' minds and bodies.

The National School Lunch Program is the largest federal child meal program, it provides nutritionally balanced, reduced-cost or free lunches to children each school day. Every school lunch served follows strict federal guidelines that contains protein, whole grains, fruits and vegetables, and fat-free dairy. More than 30 million students are served healthy lunches every school day!

This year's NSLW theme is "**School Lunch: Recipes for Success**"

Recipe Contest! Share your favorite recipes with our kitchen in the cafeteria suggestion box!

Contact Us

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Did you know!

Our menu is interactive, go to glenview34.org > Departments > Food services > Lunch menus > select your school then click on any menu item on any day to view nutrition and allergen info.

Also, view safe menu items for your child's allergies under the "highlight potential allergens" tab by selecting all allergies, then foods with that allergy are highlighted on that week's menu.

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Attea and Springman Schools

Friday 10-6, Sausage Pizza Puff

Monday, 10-9, RF Sloppy Joe on a WG Bun**

Friday, 10-13, WG Corn Dog* on a Stick OR Chicken Quesadilla

Monday, 10-16, WG RF Breaded Mozzarella Cheese Sticks with Marinara Sauce

Tuesday, 10-17, BBQ Rib Patty on a WG Bun OR WG Cheddar Stuffed Pretzel Bosco Stick**

Monday, 10-23, WG Cinnamon French Toast with Pork Sausage

Friday, 10-27, BBQ Max Snax

Monday, 10-30, Orange Chicken with Brown Rice

Glen Grove

Friday, 10-6, RF BBQ Rib Patty on a WG bun**

Friday, 10-13, RF WG Cheddar Filled Pretzel Bosco Sticks

Friday, 10-27, Orange Chicken with Brown Rice

Hoffman

Friday, 10-6, Warm Ham* and Cheese WG Croissant Sandwich**

Friday, 10-13, WG RF Breaded Mozzarella Cheese sticks with marinara sauce

Friday, 10-27, BBQ Rib Patty on a WG bun**

Pleasant Ridge

Friday, 10-6, Mini Hamburgers on Mini Buns

Friday, 10-13, Tyson Popcorn Chicken

Friday, 10-27, Chicken Quesadilla with Salsa and Sour Cream

Henking, Lyon and Westbrook do not have specials this month.

*Turkey Product **Beef Product ***Chicken Product RF Reduced Fat WG Whole Grain