

D34 ParentConnect is the new parent education initiative designed to provide ongoing opportunities for parents to learn and connect throughout the year. It's a partnership between District 34 and the Family Service Center (FSC) (FamilyServiceCenter.com). There are two primary connections:

- **Large-group presentations** on topics that are important to parents.
- **Monthly discussion groups** for parent to connect about topics of interest, learn about mental wellness resources, and discuss how to implement helpful ideas into their own lives.



Presentations

The topics of these parent education sessions were chosen based on the results of the parent survey and parent focus groups that were conducted in the spring of 2018. The district-wide events will offer information and tangible takeaways that every parent can use. There will be time for Q&A and an opportunity to connect with other parents.

Children and Anxiety: Considerations for Mindful Parenting

October 3, 2018, 7:00-8:30 pm at Attea

A "SnapChat" for Parents: Parenting Children and Adolescents in the Era of Social Media

Winter Date/Time/Location TBD

Social & Emotional Learning (SEL) in the Home: Practical Strategies to Support Healthy Emotional Development in Children

Spring Date/Time/Location TBD

The D34 ParentConnect Council

The D34 ParentConnect Council worked together to develop a parent education program that meets the needs of our community. They are your resource if you have any questions or want to connect through informative and meaningful conversations.

Family Service Center (FSC)

Renee Z. Dominguez, PhD, Executive Director
Robin Lake, MA, LCSW, Therapist & Outreach Educator

District 34

Dr. Dane Delli, Superintendent
Cathy Kedjidjian, Dir. of Commun. & Strategic Planning
Melanie Walstrom, Communications Assistant

Parent Liaisons

Missy Amrol, Springman
Beth Burns, Hoffman
Brandie Fagin, Lyon, Pleasant Ridge
Karen Hitzeman, Attea
Whitney Langas, Pleasant Ridge
Jennifer Leitel, Springman
Shiva Mohsenzadeh, Glen Grove
Alison Parry, Henking
Westbrook Parent Rep TBD

Discussion Groups

These monthly discussion groups will be your place to learn, share, and connect with other parents who face similar parenting challenges. Facilitated by experts from FSC, parents will meet based on the age of your children so you can have relevant and focused conversations. Some topics of discussion will include normative developmental expectations, social-emotional learning, social media, coping with stress and pressure, preparing for the next developmental stage, mindfulness, evidence-based strategies to foster resilience and success for your children. FSC staff will provide mental wellness resources for parents.

Parents of children in K-2 meet the first Thursday of the month; 3-5 meet the second Thursday; 6-8 parents meet the third Thursday (though schedules may change throughout the year). Morning sessions will be at the Park Center from 9:15-10:45 am. Evening sessions will be at the District 34 Administration Building (1401 Greenwood Road) from 7:00-8:30 pm.

October 4 (K-2), 11 (3-5), 18 (6-8)	February 7, 14, 21
November 1, 8, 15	March 7, 14, 21
December 6, 13, 20	April 4, 11, 18
January 10, 17, 23	May 2, 9, 16

You are welcome to attend multiple sessions if you have children in more than one age group! No RSVP is required to attend - just come ready to learn and share.

Interested in Participating?

Scan the QR code below to let us know if you are interested in attending any of our upcoming educational opportunities.

