

OCTOBER 2018

# Food Service News

Glenview School District #34



## October is National School Lunch Month

This month we observe **National School Lunch Week**, October 15-19, 2018. President John F. Kennedy created NSLW in 1962. We celebrate the importance of school lunch programs across the country that provide nutritious school lunches to children daily to fuel students' minds and bodies.

The National School Lunch Program is the largest federal child meal program, it provides nutritionally balanced, all students regardless of their ability to pay. Students can qualify, based on the family income, for reduced-cost or free lunches. Every school lunch served follows a strict federal guideline that contains protein, whole grains, fruits and vegetables, and low-fat dairy. More than 30 million students are served healthy lunches every school day!

This year's NSLW theme is **"School Lunch: Lots 2 Love"**

### Contact Us

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### Did you know!

Our menu is interactive, go to [glenview34.org](http://glenview34.org) > Departments > Food services > Lunch menus > select your school then click on any menu item on any day to view nutrition and allergen info.

Also, view safe menu items for your child's allergies under the "highlight potential allergens" tab by selecting all allergies, then foods with that allergy are highlighted on that week's menu.

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**Attea and Springman Schools**

**Monday, 10-1, Wild Mike's Cheesy Bites with Marinara Sauce**

**Friday 10-5, Sausage Pizza Puff**

**Monday, 10-8, @SP Shrimp Poppers with Cheesy Garlic Bread**

**@ Attea Beef Fiestada Pizza**

**Friday, 10-12, WG Corn Dog\* on a Stick OR Chicken Quesadilla**

**Monday, 10-15, WG Cinnamon French Toast with Breakfast Sausage\***

**Tuesday, 10-16, BBQ Rib Patty\*\* on a WG Bun OR Beef and Bean Chili with Crackers**

**Monday, 10-22, Breaded Mozzarella Cheese Sticks with Marinara Sauce**

**Friday, 10-26, Taco Max Snax**

**Monday, 10-29, General Tso Chicken with Brown Rice**

**Glen Grove**

**Friday, 10-5, Shrimp Poppers with Cheesy Garlic Bread**

**Friday, 10-13, RF WG Cheddar Filled Pretzel Bosco Sticks**

**Friday, 10-27, Cheese Lasagna Rollups with Marinara Sauce and Garlic Bread**

**Hoffman**

**Friday, 10-5, Chicken Quesadilla with Salsa and Sour Cream**

**Friday, 10-12, Pepperoni\* and Cheese Stuffed Bosco Stick**

**Friday, 10-26 Ham\* and Cheese WG Croissant Sandwich**

**Pleasant Ridge**

**Friday, 10-5, Shrimp Poppers with Cheesy Garlic Bread**

**Friday, 10-12, Cheddar Stuffed Pretzel Bosco Sticks**

**Friday, 10-26, BBQ Chicken Max Snax**

**Henking, Lyon and Westbrook do not have specials this month.**